

Annexure 1 - Operational Framework of VHND program

DISPLAY OF SERVICES:

- Basic information about VHND is to be displayed prominently in each AWC in the form of fixed Display Boards. These basic information should consist of a minimum of the following things:
- The probable dates in the year
- Type of services
- Type of clients
- ASHAs, AWWs, PRI representatives & NGOs, if working in the area, should complement the Display Board by spreading about the services that are provided at the VHND session amongst the community members.

SERVICE PROVIDERS:

- The ANM and all AWWs under the operational area of the Sub Centre are jointly responsible for organizing the event.
- ASHA with the support of AWW, AW Helper play the role of mobilizers and they are supposed to motivate and mobilize the villagers especially women, children and adolescent girls to the AWC.
- The ANM / Additional ANM / LHV, all HW (M)s, AWWs should be present throughout the event; while MO / AYUSH MO / BEE / LHV / CDPO / ICDS Supervisor are to participate and provide supportive supervision, as per the plan prepared on monthly basis.

EQUIPMENT AND LOGISTICS:

- It is the duty of the ANM / AWW to ensure availability of all required logistics at the site of the programme.
- Necessary equipment, instrument required for organizing VHND, such as, Examination Table, Weighing Machine, B.P instrument, screen for privacy etc may be procured by using GKS fund / Sub Centre untied funds.
- These funds are also to be utilized for the purpose of repair of weighing machines / other instruments, even if supplied by ICDS Department.
- List of Medicines and Equipment
- Weighing Machine Adult / Child
- Examination Table / Cot
- Bed Screen / Curtain
- Hemoglobin meter / Talquist paper (if available)
- Uristix for urine examination
- Stethoscope, Fetal Stethoscope & BP Instrument.
- Measurement Tape; MUAC tape

- Oral Pills / Condoms
- Items required for demonstration of feeding practices of 6-12 months children
- IEC / BCC Materials
- IFA Small / Large, Liquid IFA, IMNCI drugs, ORS and common medicines for minor ailments

BENEFICIARIES:

- Basically the mother and child care component is addressed in this program with importance on the preparation of the future mothers- the adolescent girls
- The primary clients for the VHND are:
- Pregnant women
- Lactating mothers
- Children below 5 years
- Adolescent girls

SERVICES TO BE PROVIDED:

List of Services to be provided

Adolescent health

- Tetanus Toxoid injection at 10 and 16 years; Weekly IFA;
- Half-yearly deworming

Pregnant Women

- Registration of Pregnant Women
- Quality Antenatal checkup services
- Weight measurement;
- Blood pressure examination,;
- Hemoglobin estimation;
- Urine examination;
- Abdominal checkup;
- Iron Folic Acid tablet supplementation; and
- Tetanus Toxoid injections.

Lactating Mothers

- Quality PNC
- Counseling and distribution of family planning aids, Conventional contraceptives;
- Referral for Intra Uterine Device insertion;
- Counseling on promotion of breastfeeding; and
- Birth registration.

- Identification of danger signs
- Fever;
- Bleeding; and Abdominal pain.
- Referral
- Weighing of newborn;
- Identification of danger signs of newborn and referral, if needed for Fever, Rapid breathing, Skin eruptions.

Children 0 to 5 years

- Growth monitoring
- Weighing of Children; and
- Growth plotting.
- Mid Upper Arm Circumference measurement
- Counseling of parents for growth promotion through “MAA O SISHU SURAKHYA CARD”
- Cooking and preparation of food for children 6-12 months, using locally Available food ingredients
- IFA supplementation of children
- For six months to two years children liquid IFA to be used.

Management of common illnesses

- Identification of cases of
- Disability;
- Malnutrition;
- Anemia;
- High risk pregnancy;
- Tuberculosis;
- Malaria;
- Leprosy;
- Kala-azar;
- Other problems of weaker sections.
- Treatment of Minor ailments of children using IMNCI / other treatment protocols.
- Treatment of minor ailments for adolescent girls, lactating mothers and pregnant women